

Cilantro

Coriandrum sativum 15 mL

dōTERRA™

PRODUCT INFORMATION PAGE



Application:



Plant Part: Leaf **Extraction**

Method: Steam distillation

Aromatic Description:

Fresh, herbal, sweet, pungent

Main Chemical Components:

Linalool, decenal

PRODUCT DESCRIPTION

The culinary uses of Cilantro have been documented for centuries. Applied topically, Cilantro is very soothing and cooling to the skin, and it adds a fresh, herbal aroma to any essential oil blend when diffused. Cilantro's culinary uses are endless, adding a flavorful twist to meats, salads, dips, and guacamole.

USES

- Add to stir-fries, salads, and dips to experience Cilantro's distinct flavor.
- Diffuse with citrus essential oils for a fresh, herbal aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Soothing to dry skin.
- Gives food a fresh and tasty flavor.

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Part Number: 41851813

Wholesale: \$27.56

Retail: \$36.75

PV: 27.56

