

Cinnamon Bark

Cinnamomum zeylanicum 5 mL

dōTERRA™

PRODUCT INFORMATION PAGE



Application:



Plant Part: Bark

Extraction Method: Steam distillation

Aromatic Description:

Spicy, woody, with a sweet, biting note, warm

Main Chemical Components:

Cinnamaldehyde, Eugenol

PRODUCT DESCRIPTION

Cinnamon is derived from a tropical, evergreen tree that grows up to 45 feet high and has highly fragrant bark, leaves, and flowers. Cinnamon helps create a warming sensation when applied to the skin. Due to its high content of cinnamaldehyde, Cinnamon should be diluted with dōTERRA Fractionated Coconut Oil when applied to the skin. When diffused, Cinnamon cleanses the air. Cinnamon has a long history of culinary uses, adding spice to desserts, entrees, and hot drinks.

USES

- Place 1 drop of Cinnamon essential oil in hot water or tea and drink slowly.
- Put 2–3 drops in a spray bottle for a quick and effective cleaning spray.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Dilute one to two drops with dōTERRA Fractionated Coconut Oil then apply to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Cleanses the air of odours when diffused.
- Long used to flavor food.

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Part Number: 30031813

Wholesale: \$22.26

Retail: \$29.68

PV: 22.26

