

Clary Sage

Salvia sclarea 15 mL

dōTERRA™

PRODUCT INFORMATION PAGE



Application:



Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description:

Woody, herbal, coniferous

Main Chemical Components:

Linalyl acetate, linalool

PRODUCT DESCRIPTION

Clary Sage is a biennial or perennial herb that grows up to six feet in height. Clary Sage is known for its ability to help create a sense of harmony and balance. The main chemical component of Clary Sage is linalyl acetate, part of the esters group, making it one of the most relaxing, soothing, and balancing essential oils. Inhaling Clary Sage can help relax and create a sense of euphoria.

USES

- Diffuse or apply to pillow at night.
- Add to shampoo or hair conditioner for a soothing experience.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Helps balance emotions.
- Helps to relax.

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Part Number: 30421713

Wholesale: \$38.69

Retail: \$51.59

PV: 38.69

